### REGOLAMENTO

## **“ NOVE COLLI RUNNING 2023 ” km 200,3 “ QUATTRO COLLI RUNNING” Km 84,4**

Meeting point: 10 am at the navy museum for briefing and greeting from the mayor.

Departure: canal port near the railway **at 12** with roll call, bib check, tracker and obligatory equipment **at 11.20**.

Arrival: on the shoreline of the Cesenatico beach at the bathing establishment ……

**Time Limit Novecolli Running 30 hours from the start - Quattro Colli Running\* 12 hours from the start**

Gates/ Cut Off: nr 08 with assistance up to and no later than: 1st at 57.6 km up to 19.45 \*, 2nd at 84.4 km up to 24.00\* ,

3rd at 101.2 km up to 02.15 am 4th at 116.2 km up to 05.00 am,

5th at 136.6 km up to 08.15 am, 6th at 160.9 km up to 11.15 am 7th at 172.4 km up to 1.45 pm, 8th at 186.8 km up to 3.45 pm. **In addition to the aforementioned times, the athlete must deliver the bib/tracker to the organization and get on the broom truck. If the athlete wants to stay on the course, the organization will no longer have any responsibility and the athlete will not be in the standings even in the event of recovery and return to the gates/cut off.**

\* QuattroColli Running gates

Healthcare with the Italian Red Cross.

Diploma with km achieved and time completed. (NCR)

**It is mandatory to send a copy of the medical certificate certifying fitness for the competitive practice of athletics issued by the sports medicine office valid on the days of the race.**

Uncollected prizes will go towards the following year's prize pool.

The event is covered by an insurance guarantee.

Participation is reserved only to athletes who have completed the 20th year of age (thousandth).

**The organization declines all responsibility for damage to people and things before, during and after the event**.

Any complaints must be presented in writing accompanied by a deposit of €10.

By registering for the event, the participant expressly authorizes the Organization together with sponsors and media partners to acquire the right to use the still or moving images on which they may appear, on all media, including promotional and/or advertising materials , throughout the world and for the maximum time established by the laws, regulations and treaties in force, including any extension that may be made to the established period.

**The organization reserves the right to modify these regulations at any time. It also reserves the right not to accept, at its sole discretion, the registration for the race.**

The discovery of this flyer, distributed by hand to interested parties and sports groups, displayed in unauthorized places, is purely accidental and in any case not prepared by this organization.

**NoveColli Running (NCR) registration**:

by 31 January 2023 €175.00

from 01 February to 30 March 2023 € 200.00

from 01 April to 30 April 2023 € 230.00

Registration deadline Sunday 30 April 2023 .

**Quattro Colli Running (QCR) registration**:

by 31 January 2023: €70.00

from 01 February to 30 March 2023: €84.00

from 01 April to 30 April 2023: €94.00

Registration deadline Sunday 30 April 2023.

**Surcharge for the “Registration + hotel” package**: in a double room (couples only) €110.00, in a room for 3 or 4 people €95.00. From May 1st, if there are still bib numbers available, all fees will increase by €30.

**Companions in room €125.**

**The deposit for chip or tracker (€ 50.00) will be returned upon return of the support.**

**Registration fee: payable to Crédit Agricole Cariparma branch of Cesena**

**Nove Colli Running IBAN code: IT 49 Y 06230 23933 000063628111**

**Please note**: the hotel includes bed and breakfast for Friday 05, Saturday 06 and Sunday 07, dinner in the evening of Sunday 07 and departure on Monday 08 in the morning.

**For those who do not use the hotel: dinner € 20 to be paid to the hotelier.**

Stay at Hotel Anthos Via Guido Reni, 23 Valverde di Cesenatico tel.( 0039 ) 0547.87130

For organizational reasons, the first 21 km will be covered all together. It is forbidden to pass the race judge at the head of the group, under penalty of disqualification. For the first 21 km you run on the right. From the beginning of the first climb ( Sette Crociari ) it is compulsory to run on the left lane.

**It is forbidden for cars to accompany the runner in the race. They have to cover a stretch of road and then stop strictly outside the roadway.**

Participants and companions are reminded of the obligation to comply with the rules of the Highway Code.

Achievements

1st finish line: La Montagna at km 84, on top of the Barbotto (4th Colli Running - Double maratona) also included in the IUTA Grand Prix Calendar.

2nd fi nish line: Man / Woman of steel at the end of the 200.3 km.

**Athletes Material Deposit**: n. 6 numbered cartons to deposit your own bags with spare parts and anything else that will be positioned: Nr. 01 at km 57 (2nd hill), Nr. 02 at km 84 (4th hill), Nr. 03 at km 101, Nr 04 at km116 (6th hill), No. 05 at km 135 (7th hill), No. 06 at km 160.9 (100 miles), it is possible to leave food, clothing for the night, etc. inside as long as they are in nylon bags or something else well identified with your bib number. After use, please put the bags back in the carton that you will find the next day in the hotel at the end of the race. **The** **organization is NOT responsible for the contents of the bags**.

The organization guarantees n. 09 main refreshment points (QCR nr.04) in conjunction with or near the 9 hills. NCR Official Cars will be present, between one hill and another, with food and drinks from which you can draw in case of emergency or need.

**Compulsory material, each athlete must have the following material with him**: thermal sheet, rain/thermal jacket, front lamp, red rear lamp, reflective jacket, water reserve, food reserve, mobile phone. **Without prejudice to mobile phone, water supply, food and** **blanket** **thermal, the remaining material can be left in the cartons or in the assistance cars.**

Random checks will be made along the way which, in the event of default by

of the athlete, will lead to immediate disqualification.

**The abandonment of waste in the environment by the athletes and accompanying crews will result in the immediate disqualification of the athlete.**

For anything not covered in this regulation, the ENDAS sporting rules and the health measures foreseen on the days of the competition will be applied.

Path entirely marked with white arrows on the asphalt. **In the absence of signals, the road you** **are traveling on must be maintained**. There will also be signal strips and flashing lights during the night.

The signs of the NoveColli Ciclistica do not certify the mileage of the Novecolli Running and on some occasions they can take you off the course.

**Warning: from Fratta Terme, at km 34, check that you have been registered at each refreshment point. Bib number and time. This is for the safety of the participants and for the regularity of the race. If you are not registered… you will be considered withdrawn!! You will be removed, even a posteriori, from the order of arrival.**

**For safety reasons, those withdrawn must hand over the bib number to the organizers and get on the broom truck that will take them to the Barbotto/Hotel (depends on the location at the time of withdrawal). The organization does not take any responsibility in case this rule is violated and will not feel obliged to go and recover the athlete afterwards**

**At the finish line there will be a shuttle to return to the Anthos hotel**

For information: Castagnoli Mario Via Confine, 32 48015 Cervia (RA)

Tel. 0544.918042 info: mario.castagnoli45@gmail.com

Cell.338.1858386